

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: STD

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Soret Alain

Coaches: Lenaif Nancy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 50M BACKSTROKE MEN 15+							Heat:8, starttime: 09:36		
Heat: 8/13 Lane : 2 Athlete: STRUYS GABRIEL							Q-time: 00:29:56		
PB (50m pool): 00:29.56 Antwerpen 27/07/2025				PB (25m pool): no time SB: 00:29.68 Seraing 22/03/2026					
	5 0 M								
PB	00:29.56								
	00:29.56								
									

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:42	
Heat: 7/12 Lane : 7 Athlete: POSSEN OLIVIA					Q-time: 01:11:13	
PB (50m pool): 01:11.13 Charleroi 15/02/2026			PB (25m pool): 01:09.65SB: 01:11.13 Charleroi 15/02/2026			
	5 0 M	1 0 0 M				
PB	00:34.71	01:11.13				
	00:34.71	00:36.42				
						

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:12, starttime: 12:52
Heat: 12/19 Lane : 8 Athlete: STRUYS GABRIEL				Q-time: 02:22:67	
PB (50m pool): 02:22.67 Antwerpen 27/07/2025			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.86	01:06.65	01:49.41	02:22.67	
	00:30.86	00:35.79	00:42.76	00:33.26	
					

Coach feedback: